The media has been covering a rare strain of virus. Enterovirus D-68 is a viral illness that has been identified in 12 states to date, including NYS. This is a good time to remind your children of the importance of good respiratory etiquette, good hand washing, and the importance of not sharing personal items. If your child is ill with a fresh upper respiratory illness, please do not send your child to school, but allow them to rest and recover at home and seek medical help quickly if your child becomes seriously ill, especially if they have underlying lung disease, like asthma. The Centers for Disease Control has posted helpful information for those of you interested in knowing more about this particular virus. (See http://www.cdc.gov/non-polio-enterovirus/about/index.html)